

Name:

****Low Carb**

Sunday

Entrée:

****Roast Beef**

****Baked Ham**

Chicken & Dressing

Fried Chicken

Smoked Sausage w/kraut

Meatballs & Spaghetti

Sides:

Mashed Potatoes

Corn

****Green Beans**

****Fried Okra**

Pinto Beans

Candied Yams

Mac & Cheese

****Turnip Greens**

****Cucumber & Onions**

Dessert Sides:

Peach Cobbler

Coconut Cream Pie

Peanut Butter Pie

Strawberry Short Cake

Breads:

Roll

Cornbread Muffin

Jalapeno Cornbread

Drink:

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