

Name: \_\_\_\_\_

\*\*Low Carb

## Thursday

### Entrée:

Fried Pork Chop  
Chicken Fried Steak  
Spaghetti Casserole  
Mexican Chicken  
\*\*Rotisserie Chicken

### Sides:

Mashed Potatoes  
Corn  
\*\*Green Beans  
\*\*Fried Okra  
Pinto Beans  
Mac & Tomatoes  
Peas & Carrots  
Brussel Sproutsw/cheese  
\*\*Cucumber & Onions

### Dessert Sides:

Chocolate Cake  
Banana Pillow  
Cheese Cake  
Strawberry Short Cake

### Breads:

Roll  
Cornbread Muffin  
Jalapeno Cornbread

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